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PADSTOW URBAN DISTRICT COUNCIL.

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH.

YEAR ENDING 31st DECEMBER, 1959.

STAFF

MEDICAL OFFICER OF HEALTH

J. Reed, M.B., Ch.b., B.Sc., D.P.H.

SURVEYOR & PUBLIC HEALTH OFFICER

R.A. Cutlack, M.I. Mun.E.



Mr. Chairman and Councillors,

I have the honour to submit the report of the Medical Officer of Health for the year 1959.

There are no special points to which I need draw your attention, since the major problems have been raised frequently enough without providing any immediate solutions.

I should like to thank the members and staff for their help during the year.

Your obedient servant,

JOHN REED.



# 1. STATISTICS.

## General Statistics.

Estimated Mid-Year Population	2,950
Area in Acres	3,343
Number of Inhabited Houses	983
Rateable Value	£31,332
Product of Penny Rate	£124
Comparability Factors	
(a) Births	0.97
(b) Deaths	0.84

## Vital Statistics.

### Live Births.

	<u>Registered Live Births 1959.</u>		
	<u>Male.</u>	<u>Female.</u>	<u>Total.</u>
Legitimate	29	26	55
Illegitimate	-	1	1
	29	27	56

Birth Rate per 1,000 Population	...	18.9
Birth Rate per 1,000 Population England & Wales		16.5
Comparable Birth Rate	...	18.3

### Stillbirths.

Three male legitimate stillbirths were registered.

### Deaths.

	<u>Registered Deaths, 1959.</u>		
	<u>Male.</u>	<u>Female.</u>	<u>Total.</u>
	14	21	35
Crude Death Rate per 1,000 Population		11.8	
Death Rate for England & Wales		11.6	
Comparable Death Rate		9.9	

### Infant Deaths.

One male legitimate infant death was recorded, occurring within the first month of life.

One maternal death was recorded from Toxaemia of Pregnancy with eclampsia.





Distribution of Deaths by Diseases.

	<u>Male.</u>	<u>Female.</u>	<u>Total.</u>
Heart Disease	2	7	9
Cerebrovascular Disease	4	7	11
Other circulatory Diseases	-	-	-
Respiratory Disease (excluding T.B.)	1	-	1
Diseases of Digestive System	-	2	2
Cancer	5	2	7
Respiratory Tuberculosis	-	-	-
Accident	-	1	1
All other causes	2	2	4
	<hr/> 14	<hr/> 21	<hr/> 35

Distribution of Deaths by Age.

	<u>Male.</u>	<u>Female.</u>
0 - 1	1	-
1 - 9	1	-
10 - 19	-	-
20 - 39	-	1
40 - 59	1	-
60 - 79	9	9
80 +	2	11

11. GENERAL PROVISIONS OF HEALTH SERVICES.Hospital Services.

There were no changes in hospital facilities to the district. The nearest major General Hospital is in Truro, with Out Patient departments at the East Cornwall Hospital, Bodmin, and at the Newquay Hospital. The nearest Maternity unit is at Redruth, with out patient facilities at Wadebridge.

County Council Services.

The Ambulance service remained the same, the town being covered by the County Ambulance service from the central depot in Bodmin, supported by the Padstow Red Cross Detachment, whose Ambulance is maintained in the town. The cover provided was adequate during the year.

Infant Welfare.

The closure of the St. Merryn Air Station, with a change of use in the Married Quarters resulted in a reduced attendance at the Infant Welfare Clinic. It was decided by the Health Area Committee to reduce the sessions to one each month. This was found to be adequate, since the major part of the work undertaken is immunisation. Protection against Diphtheria, Whooping Cough, Tetanus (lock-jaw), Poliomyelitis and Smallpox can be obtained at the Clinic.

Home Nursing, Midwifery and Health Visiting.

There were no changes in the County Council Staff undertaking these duties. The two nurses do combined duties and are qualified to give gas and air analgesia during labour.

Home Help Service.

Domestic help required on medical grounds is provided on a small scale through the Home Help Organiser in Wadebridge.

THE UNIVERSITY OF CHICAGO

NAME	RESIDENCE	DATE	REMARKS
1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
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111. SANITARY CIRCUMSTANCES.Water Supply.

The town's supply gave water of satisfactory bacteriological quality during the year, with the exception of three samples. These were not satisfactory, but were probably the result of mains interference about the time of sampling. The local supply from Crackrattle had to be supplemented by water taken from the Wadebridge supply during the very dry summer.

RESULTS OF SAMPLING, 1959.

<u>Date.</u>	<u>Probable Coliform Count.</u>	<u>Probable Faecal Coli.</u>
24. 2.59.	5	0
9. 3.59.	20	2
18. 3.59.	-	-
27. 4.59.	-	-
4. 5.59.	-	-
6. 5.59.	-	-
29. 6.59.	-	-
7. 9.59.	-	-
15. 9.59.	-	-
13.11.59.	14	5
25.11.59.	8	3

Sewage Disposal.

The disposal of the town's sewage continues to be by several outfalls into the tidal estuary of the River Camel and the Harbour. The system is not satisfactory, but there were no complaints received during the year.

Refuse Collection.

The dump at Credis continued in use during 1959. Occasional complaints were received from one farm when the wind was in the S.E. Steps were taken to reduce the annoyance to a minimum.

Caravan Sites.

The single licensed site operated throughout the year satisfactorily. There was a considerable increase in the use of "Sleeping Vans" in lay-bys, Car Parks, roadside verges and beaches, with the resulting insanitary residue left behind.

Public Health Inspections.Summary of Visits.

Housing (excluding Council Houses)	13
Food Premises	6
Milk and Dairies	6
Sewerage	17
Caravan Site	11
Food and Drugs	6
Pig Food Plant	1
Rodents	4
Insect Infestation	3
Factories	3
Water	10
Other premises	5
	<u>85</u>





#### IV. FOOD AND DRUGS.

##### Food Premises.

Occasional visits were paid to food preparing premises. Pamphlets on food hygiene were circulated to cafes and hotels. There were no reported outbreaks of food poisoning during the year.

##### Milk Distribution.

The district is supplied by seven registered distributors. Pasteurised and tuberculin tested grades are only supplied. There were no further complaints of souring or of dirty bottles.

##### Condemned Foods.

Small amounts of food, mostly in tins, were submitted to the Public Health Inspector for condemnation.

#### V. FACTORIES AND WORKSHOPS.

The results of inspections under the Factories Acts are shown in the following table:-

PREMISES.  (1)	Number on Register.  (2)	Number of		
		Inspections.  (3)	Written notices (4)	Occupiers prosecuted. (5)
(i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities.	-	-	-	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority.	6	12	-	-
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises).	-	-	-	-
Total..	6	12	-	-



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Particulars.  (1)	Number of cases in which defects were found.				Number of cases in which prosecutions were instituted. (6)
	Found (2)	Remedied (3)	To H.M. Inspector (4)	By H.M. Inspector (5)	
Ineffective drainage of floors (S.6) ....	-	-	-	-	-
Sanitary Conveniences (S.7).					
(a) Insufficient ...	-	-	-	-	-
(b) Unsuitable or defective .....	1	-	-	-	-
(c) Not separate for sexes .....	-	-	-	-	-
Other offences against the Act (not including offences relating to Out-work) .....	-	-	-	-	-
Total ...	1	-	-	-	-

V1. HOUSING.

The Council were unable to build any houses during 1959. One house was dealt with under Section 16, Housing Act, 1957, an undertaking not to re-let being secured. No statutory notices were served relating to nuisances or repairs.

V11. PREVALENCE AND CONTROL OF INFECTIOUS DISEASE.

Notified Infectious Diseases, 1959.

Scarlet Fever	6
Measles	4
Pulmonary Tuberculosis	2

All these notifications occurred in the first half of the year.

Routine supervision of notified cases of tuberculosis continued. The contacts of the new cases were invited to attend the Contact Clinic for X-Ray, tuberculin tests and B.C.G. vaccination if required. Vaccination of school children in their fourteenth year against tuberculosis was carried out. The routine X-Ray by Mass Radiography Unit of school leavers was also undertaken. This will not be continued in future. The results of the Mass Radiography Unit produced no significant findings among the school children.

